

# BCUHB Living Well Service

## Do you have symptoms following long COVID, ME/CFS or another post-viral condition?

People living with these conditions can now access the BCUHB Living Well Service. The service provides diagnosis, treatment and support to manage the wide range of symptoms arising from these conditions.

**If you have seen your GP about these symptoms, you can refer yourself to the Living Well Service via the QR code below or by asking your health professional to make a referral.**

If you have any questions you can contact the Living Well Service on 03000 840007

**Scan here to self refer to the Living Well Service**



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